Fatigue Risk Management
Guiding Principles

We, the associations of the upstream oil and gas industry, recognize that fatigue is an industry issue and acknowledge that it has the potential to impact all aspects of our operations. Successfully managing the risks associated with fatigue is a shared responsibility among all industry stakeholders.

To meet our responsibility, we will operate under the following guiding principles:

- We support an integrated, risk-based approach to manage fatigue within the operational management system.
- We support the development of fatigue risk management initiatives, founded upon scientific knowledge and combined with operational experience, to develop flexible mitigations suitable for work activities, individuals, organizations, and industry.
- We will encourage our members to implement fatigue risk management initiatives, consistent with recognized practices, for the nature of the work activities and operations that they carry out.
- We will measure, review, and continually improve on our processes to mitigate the risks of fatigue.
- We will continue to advance, collaborate on, improve, and communicate methodologies, guidelines and recognized practices for mitigating risks associated with fatigue.

Definition of Fatigue
State of reduced mental and physical alertness or functioning caused by sleep related disruption or deprivation as a result of extended work hours, insufficient sleep, or the effects of sleep disorders, medical conditions or pharmaceuticals which reduce sleep or increase drowsiness.

Signed by the following parties on September 9th, 2013

Canadian Association of Geophysical Contactors
Canadian Association of Oilwell Drilling Contractors
Canadian Association of Petroleum Producers
Canadian Energy Pipeline Association
Explorers and Producers Association of Canada
Petroleum Services Association of Canada

ENFORM
The Safety Association for Canada's Upstream Oil and Gas Industry

www.enform.ca