GET A GRIP ON SAFETY
Case for Change
The Get a Grip on Safety (or Get a Grip) Program is intended to be an "off the shelf" package of materials and resources to be used by organizations interested in eliminating slips, trips and fall incidents in their organization.

The Get a Grip program focuses on the following areas:

- Transition Zones and Walkways
- Boots and Grips
- Access and Egress
- Home Safety
- Eyes on Path
- Ladder Safety

The materials include:

- Suggested activities and schedules
- Program Procedures
- Activity Sheets
- Inspection Forms
- Tools and Resources
Creating a company-wide get a grip program presents a significant opportunity for injury prevention.

- Slip, trips and fall hazards, and the opportunity to correct them, are often overlooked.

- Slip, trip and fall related injuries are common and can lead to serious injury.

- The Get a Grip Program is aligned with Life Saving Rules and includes unsafe conditions as well.

- Slip, trip and fall hazards exist year-round (not a seasonal trend).
HOW SIGNIFICANT ARE SLIP, TRIP AND FALL INJURIES?

According to WCB-Alberta in 2021,

20.5 per cent of Alberta’s workplace lost-time claims are the result of falls:

- 13.9 per cent - fall on same level
- 6.0 per cent - fall to lower level
- 0.6 per cent - other falls
WHAT DOES OUR INCIDENT DATA INDICATE?

[Add your incident data and trends here:]
The Get a Grip program is aligned with Energy Safety Canada’s 10 Life Saving Rules, which focus on safe behaviours, however it can also stand alone.

The program also includes aspects relating to unsafe conditions and unsafe acts.
ENERGY SAFETY CANADA’S 10 LIFE SAVING RULES

NOTE: Nine rules were adopted from the International Association of Oil & Gas Producers (IOGP) with Fit for Duty being added to reflect the Canadian environment.

GET A GRIP ON SAFETY
PROPOSED GOAL

To reduce slips, trips and fall incidents company-wide, by 20% per year.

This translates to [Insert company # here] fewer people being hurt.

The proposed program aligns strategically:

• Supporting the company core values, including increased commitment to safety, respect, raising the bar, honouring commitments and doing the right thing.

• Continue to advance our journey to zero injuries and zero incidents.

• Continue to advance a strong safety culture through:
  • Working collaboratively to understand and manage slip, trip and fall hazards/risks
  • Building capacity in our people and systems to operationalize the get a grip program
# OPTIMUM PROGRAM ROLLOUT SCHEDULE

## Time Line

<table>
<thead>
<tr>
<th></th>
<th>Activity</th>
<th>Date TBD</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
<td>Leadership engagement</td>
<td>Date TBD</td>
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<tr>
<td></td>
<td>- Identify level of effort</td>
<td></td>
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<tr>
<td></td>
<td>- Identify resources</td>
<td></td>
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<tr>
<td></td>
<td>- Order materials</td>
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<tr>
<td>2.</td>
<td>Awareness training for H&amp;S, Comms and key stakeholders</td>
<td>Date TBD</td>
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<tr>
<td>3.</td>
<td>Program implementation</td>
<td>Date TBD</td>
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<tr>
<td>4.</td>
<td>Activity package 1</td>
<td>Date TBD</td>
</tr>
<tr>
<td>5.</td>
<td>Activity package 2</td>
<td>Date TBD</td>
</tr>
<tr>
<td>6.</td>
<td>Activity package 3</td>
<td>Date TBD</td>
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## PREPARING FOR LEADERSHIP ENGAGEMENT

<table>
<thead>
<tr>
<th>Time Line</th>
<th>Date TBD</th>
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</thead>
<tbody>
<tr>
<td>1. Meeting with ESC</td>
<td></td>
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<tr>
<td>2. Case for change presentation</td>
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<tr>
<td>3. H&amp;S check-in</td>
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<tr>
<td>4. Functional area leadership team presentation</td>
<td></td>
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<tr>
<td>5. Program final review &amp; sign off by key H&amp;S leaders</td>
<td></td>
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<tr>
<td>6. Program implementation</td>
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Leadership Engagement
- H&S works with leadership to assist with appropriate level of effort recommendation for their specific areas.
- Functional area leadership team meetings
- Budget secured

Functional Area Level of Effort Identification
- Review draft level of effort and agree on upcoming years program

Functional Area Resource Allocation
- Identify functional area sponsor and communicate expectations.
- Identify functional area leaders.
- Scheduled H&S to conduct orientation in partnership with the functional area leaders, sponsor(s), and/or champions.

Material Ordered
- Identify material needs and order (https://escsafety.dev cogroup.com/)
- Distribute materials
INITIAL QUESTIONS FOR LEADERSHIP

Consider:

- How do you want to participate? To what degree?
- Who will be the sponsor and the supporting leaders?
- Do we have all the necessary departments or groups involved?
- How will we measure success?
PROPOSED NEXT STEPS: FOCUSED PROGRAM

Activity Packages
- Leaders use activity packages to help roll out the program.
- Packages include Toolbox Talks, Inspections, Forms, etc.

Communications
- H&S rolls out program on existing employee communication channels (i.e. internal website)
- Communications could include: email, safety meetings, company website, social media (Twitter, Facebook etc.)
## Program Implementation: Functional Area Breakdown

<table>
<thead>
<tr>
<th>Get a Grip Program Components</th>
<th>Smaller Location</th>
<th>Larger Location</th>
<th>Our Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case for change</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
</tr>
<tr>
<td>Posters and tent cards</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
</tr>
<tr>
<td>Activity package delivery</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
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<tr>
<td>Activity package issue follow-up and Resolution</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
</tr>
<tr>
<td>Hazard hunts</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
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<tr>
<td>Hazard signage</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
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<tr>
<td>Inspections</td>
<td>? hour(s)</td>
<td>? hour(s)</td>
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</table>

**Total Hours**

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<tr>
<th></th>
<th>? hour(s)</th>
<th>? hour(s)</th>
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**Get a Grip On Safety**

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**Energy Safety Canada**
## PLANNING, DESIGN AND RELEASE

### Time Line

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Date TBD</th>
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<tbody>
<tr>
<td>1</td>
<td>Development of project execution plan</td>
<td></td>
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<tr>
<td>2</td>
<td>Secure resources</td>
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<tr>
<td>3</td>
<td>Informal lessons learned</td>
<td></td>
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<tr>
<td>4</td>
<td>Project development work</td>
<td></td>
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<tr>
<td>5</td>
<td>Minor tweaks and/or final deliverables</td>
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<tr>
<td>6</td>
<td>Awareness training for H&amp;S</td>
<td></td>
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<tr>
<td>7</td>
<td>Program final review and sign off by functional area leaders</td>
<td></td>
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<tr>
<td>8</td>
<td>Monitor and support roll out</td>
<td></td>
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</tbody>
</table>
# ROLES AND RESPONSIBILITIES OVERVIEW

## H&S Team
- Ensure the Line of Fire program is maintained and improved yearly based on post-event lessons learned.
- Act as a subject matter expert to support the functional area H&S team.
- Provides a sample “starter kit” of materials to all functional area participating.
- Hosts the campaign page on the company website and social media.
- Co-host an orientation session in partnership with the functional area sponsor/s, H&S, communications specialist(s).
- Work with functional areas to provide ongoing statistics and lessons learned.
- Provide feedback on the program to Energy Safety Canada.

## Functional Area H&S Team
- Review last year’s lessons learned and identify opportunities for improvement.
- Conduct a review to draft upcoming years level of effort proposal.
- Act as a local subject matter expert to support the functional area champions.
- Provide program direction and works closely with functional area champion to prepare them to run the program.
- Plan and schedule orientation session in partnership with the H&S team.
- Provides ongoing statistical analysis of workplace injuries.
- Provide feedback on the program to H&S team.

## Functional Area Leadership Team and Sponsor
- Review the draft level of effort and agree on upcoming years program.
- Leadership team identifies functional area sponsor and communicates expectations.
- Leadership team identifies functional area champion(s) and communicates expectations.
- Provide ongoing stewardship of resource utilization, program success and challenges, associated work orders and/or corrective actions.
- Work with H&S team to plan and schedule an orientation session in partnership with the H&S team.
- Identify tactical material needs.

## Functional Area Leaders
- Lead roll out within their specific area.
- Work with the function area sponsor to escalate issues or highlight opportunities.
- Provide regular feedback to the functional area sponsor on progress.
- Customize supporting campaign material
- Work with the functional area team to act as an area subject matter expert.
- Provide ongoing feedback on the program to functional area H&S team.