

ENERGY WHEEL VIDEO

Energy-based hazards are often overlooked but the Energy Wheel can help. Learn how to use the Energy Wheel to increase hazard recognition **by approximately 30%** during pre-job assessments. Review the video at your workplace and discuss the energy types, what safeguards are in place and if they are sufficient to keep you safe.

DISCUSS THE FOLLOWING QUESTIONS:

Location - Where are these hazardous energy types located in your work?

Incidents - Has your organization conducted investigations recently where one of the contributing factors was, "hazard not identified"?

If so, discuss the incidents with your team. Consider if the Energy Wheel could have helped spot any hazards in these incidents. Did any of these incidents involve hazardous energy levels that could have been potentially serious?

Hazard Assessment - How can you integrate the Energy Wheel into your hazard assessment processes? What are the three most dangerous tasks you perform? How many of the hazards in those tasks are also identified in the Energy Wheel? Which ones specifically?

Safeguards - Are the safeguards (controls) in use sufficient to mitigate the hazardous energy?

Reflection - Can you identify three new hazards in your workplace using the Energy Wheel?

ADDITIONAL ESC RESOURCES:



[Energy Wheel Resources](#)



[Building Capacity to Manage Pressure Course](#)



[Energy Wheel Product Store](#)



[Potentially Serious Incidents Program](#)



[Safety Function: Energy Based Hazard Recognition](#)



[Life Saving Rules](#)



[Line of Fire - Vehicles and Mobile Equipment Video](#)