It will take your breath away.

Crystalline silica is in nearly all that we call sand and rock. It is harmless when dormant but when disturbed and airborne – as it often can be in hydraulic fracturing or drilling – it can be deadly. Prolonged or intense inhalation of silica dust can lead to silicosis – a disabling, sometimes fatal lung disease that can make breathing as if through a straw. But it doesn’t have to be. Learn how you can protect yourself and others from exposure to silica dust by visiting enform.ca or by picking up the Fall 2015 issue of Frontline.