

2018

LIFE SAVING RULES

Toolbox Talk

Fit for Duty



SETTING THE STANDARD IN OIL AND GAS SAFETY

ENERGY
SAFETY
CANADA

OUTLINE

- ▶ 10 Life Saving Rules
- ▶ Description of Fit for Duty Rule
- ▶ Additional Guidance
- ▶ Roles & Responsibilities
- ▶ Example Violations
- ▶ Related Life Saving Rules
- ▶ Summary



ENERGY SAFETY CANADA'S 10 LIFE SAVING RULES



CONFINED SPACE



WORKING AT HEIGHT



WORK AUTHORIZATION



ENERGY ISOLATION



LINE OF FIRE



BYPASSING SAFETY CONTROLS



DRIVING



HOT WORK



SAFE MECHANICAL LIFTING



FIT FOR DUTY

FIT FOR DUTY RULE

- ▶ Be in a state to perform work safely
 - ▶ I will be physically and mentally in a state to perform my assigned duties
 - ▶ I commit to not being under the influence of alcohol or drugs
 - ▶ I will inform a supervisor immediately if I or a co-worker may be unfit for work



ADDITIONAL GUIDANCE

- ▶ Workers or supervisors in an appropriate **physical and mental state** to conduct their assigned duties are:
 - ▶ Physically capable of performing the duties (physical demands analysis)
 - ▶ Rested (not fatigued)
 - ▶ Mentally alert (mind on task)
 - ▶ Able to effectively communicate to their supervisor and co-workers
 - ▶ Not under the influence of drugs and alcohol

AS A SUPERVISOR

- ▶ I ensure I know how to recognize the signs of a worker who is not fit for duty
- ▶ I ensure I investigate and take action if I have reason to believe a worker may be unfit for work
- ▶ I ensure workers are physically capable of completing the assigned duties and have the necessary communication skills
- ▶ I ensure workers under my supervision are not subject to harassment or violence, as that may impact their fitness for work
- ▶ I ensure harassment or violence incidents are investigated and corrective action is taken

AS A WORKER

- ▶ I notify my employer of any medical condition that may influence my ability to perform work safely
- ▶ I notify my employer if I am using over-the-counter medications that may influence my ability to perform work safely
- ▶ I am not under the influence of legal or illegal drugs, alcohol, or substances that influence my ability to perform my assigned duties
- ▶ I do not participate in harassment or violence and I notify my supervisor if I observe these unacceptable behaviours
- ▶ I ensure any physical or mental limitations are identified and communicated to my supervisor for effective management
- ▶ I notify my supervisor if I or another co-worker may be unfit for work

EXAMPLE VIOLATIONS

- ▶ A worker or supervisor participates in or knowingly condones workplace harassment
- ▶ A worker or supervisor fails a drug or alcohol test
- ▶ Using illegal drugs at site
- ▶ A worker or supervisor is taking prescription medication or over-the-counter medication that is likely to affect their performance and have not disclosed this to their employer
- ▶ An unfit worker is observed but not reported

RELATED LIFE SAVING RULES



CONFINED SPACE



WORKING AT HEIGHT



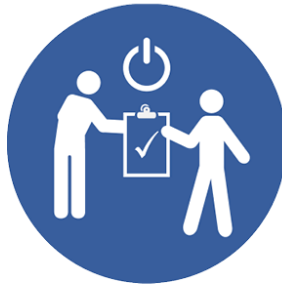
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SUMMARY

- ▶ Know your role and responsibilities in relation to the Fit for Duty rule
- ▶ Notify your supervisor immediately if you are unsure about how to comply with this rule in your work environment
- ▶ If you see a potential violation of the Fit for Duty rule, intervene – it could be the last chance to prevent a fatality
- ▶ Consistent application of the Life Saving Rules equates to saved lives
- ▶ These rules are essential to achieving industry's shared vision: zero injuries, zero incidents

QUESTIONS?