

LIFE SAVING RULES

AN INDUSTRY ACCEPTED STANDARD

Edition #1.0
Endorsed June 1, 2018

ACCEPTED

This Industry Accepted Standard was developed by Energy Safety Canada and the Safety Standards Council member companies. Those companies at the time this standard was endorsed are as follows:

- » Birchcliff Energy Ltd.
- » Canadian Natural Resources Ltd.
- » Cenovus Energy Inc.
- » Clean Harbors Inc.
- » Encana Corp.
- » Ensign Energy Services Inc.
- » Imperial Oil Ltd.
- » Precision Drilling Corp.
- » SAEExploration (Canada) Ltd.
- » Schlumberger Ltd.
- » Suncor Energy Inc.
- » Weatherford Canada Ltd.

ABOUT ENERGY SAFETY CANADA

Energy Safety Canada is the national safety association for the oil and gas industry. We develop and support common industry safety standards, deliver effective learning systems, share data analysis and safety expertise with workers and employers, and advocate for worker health and safety. Our goal is the same as industry's – zero injuries, zero incidents.

AVAILABILITY

This document as well as future revisions and additions, is available from:

Energy Safety Canada
5055 11 Street NE
Calgary, Alberta T2E 8N4

TF 1 800 667 5557

T 403 516 8000

F 403 516 8166

EnergySafetyCanada.com

DISCLAIMER/LIMITS OF USE

This publication addresses problems of a general nature. It is intended to be flexible in application and provide guidance to users rather than be prescriptive in nature.

Recognizing that one solution is not appropriate for all users and situations, it presents accepted guidance that generally applies to all situations.

Energy Safety Canada, the Safety Standards Council, the Safety Standards Council member companies and the employees, contractors, consultants, committees or other related entities and persons of those companies and bodies make no representations or warranties, express or implied, with respect to the accuracy, completeness or usefulness of the information and contents in this document and do not assume any liability or responsibility for any use or the results of such use, of any element of this document.

The use of this document or anything contained herein is at the user's sole risk, regardless of any fault, negligence or error on the part of Energy Safety Canada, the Safety Standards Council, the Safety Standards Council member companies or the employees, contractors, consultants, committees or other related entities and person of those companies and bodies.

This document is not a guide to legal requirements in health and safety legislation or regulation or other legislation or regulation and may or may not reflect amendments to legislation or regulation over time. Users of this document are obligated to ensure they are in compliance with relevant legislation and regulation at all times. The occupational health, safety and training of workers remains the responsibility of each employer and employee.

COPYRIGHT/RIGHT TO PRODUCE

Copyright for this document is held by Energy Safety Canada, 2018. All rights reserved. Energy Safety Canada encourages the copying, reproduction and distribution of this document to promote health and safety in the workplace, provided that Energy Safety Canada is acknowledged. However, no part of this publication may be copied, reproduced or distributed for profit or other commercial enterprise, nor may any part be incorporated into any other publication, without the written permission of Energy Safety Canada.

Certain words, phrases, names, designs or logos used in this Industry Safety Standard may constitute trademarks, service marks or trade names of Energy Safety Canada and/or the International Association of Oil and Gas Producers (IOGP). Unless otherwise approved, the display of any such marks or names in this Industry Accepted Standard does not imply that a licence has been granted by Energy Safety Canada or IOGP.

ACKNOWLEDGMENT

Energy Safety Canada acknowledges the support, information and guidance from the International Association of Oil and Gas Producers (IOGP).

TABLE OF CONTENTS

- 1.0 Introduction..... 1**
 - 1.1 Purpose..... 1
 - 1.2 Scope 1
 - 1.3 Accountabilities..... 1
- 2.0 Guiding Principles 1**
- 3.0 Requirements and Enforcement..... 2**
 - 3.1 Prerequisites 2
 - 3.2 Enforcement..... 2
- 4.0 Life Saving Rules 2**
- Appendix I – Life Saving Rules 3**



1.0 INTRODUCTION

The Industry Accepted Standard outlined herein is viewed as a means of protecting the health and safety of the individual by significantly reducing the risk of injury associated with “rule confusion” between different companies by focusing on critical hazards and work activities.

The intent of this document is to establish a set of Life Saving Rules that will be used across the industry and implemented at respective sites.

Companies that use these rules agree to implement the rules in accordance with the guiding principles and terms and conditions outlined in this Industry Accepted Standard (and as may be amended from time to time by Energy Safety Canada).

Each company shall develop and regularly audit its own specific standards to ensure that such standards meet the needs of their specific work place and comply with this Industry Accepted Standard and all its applicable requirements.

1.1 PURPOSE

To establish a common approach and set of Life Saving Rules which are recognized and enforced by companies.

These Life Saving Rules are intended to supplement and/or support existing company management systems, programs and policies.

These Life Saving Rules are based upon the International Association of Oil and Gas Producers (IOGP) Life Saving Rules to maximize industry alignment.

Any changes to this Industry Accepted Standard must be approved by Energy Safety Canada and the Safety Standards Council.

1.2 SCOPE

This Industry Accepted Standard applies to all employees, contractors, subcontractors and on-site vendors for companies within Canada. Companies will include the Safety Standards

Council member companies at the time this standard was endorsed and any other companies that subsequently use these rules.

This Industry Accepted Standard has been developed with support, information and guidance from the IOGP.

1.3 ACCOUNTABILITIES

In accordance with occupational health and safety legislation all workers are responsible for protecting the health and safety of themselves and other workers.

Each company implementing these rules shall ensure no changes to the symbols or definitions occur.

2.0 GUIDING PRINCIPLES

The life saving rules are based on the following Guiding Principles:

- » **Standardization:** companies agree to adopt and not alter the rule’s logos or descriptions
- » **Support:** companies will support workers and supervisors in the adoption, use and on-going management of the rules
- » **Accountability:** companies acknowledge that any breach of the rules is unacceptable and will investigate infractions and take appropriate action when rules are violated
- » **Continuous Improvement:** companies will monitor, report and evaluate their programs for improvement in safety performance
- » **Shared Learning:** companies will report, share lessons learned and best practices through Energy Safety Canada

3.0 REQUIREMENTS AND ENFORCEMENT

3.1 PREREQUISITES

Companies implementing these rules must have a Health and Safety Management System in place to ensure the effective implementation of the Life Saving Rules. In addition, but not limited to, companies should ensure the following:

- » Personnel on their worksites are authorized and required to intervene if they are in doubt about the safety of an activity.
- » Systems and processes are in place to collect data related to Life Saving Rule non-compliances and other safety related data (e.g. incident near misses) to monitor the effectiveness of the implementation of these Life Saving Rules.

3.2 ENFORCEMENT

All companies will have adequate systems and processes in place to ensure rules are enforced and to manage non-compliances.

A breach or non-compliance to any Life Saving Rule is unacceptable.

All users of these rules and their respective employees, agents, contractors, subcontractors and on-site vendors will have an investigation process that ensures that all infractions are investigated in a timely manner and root causes determined.

All companies will have a consequence model that ensures that any infraction is dealt with consistently, timely and fairly.

Consequences could include being removed from site and/or termination of employment.

4.0 LIFE SAVING RULES

These Life Saving Rules have been endorsed and implemented to improve safety performance and/or mitigating risks to workers where we have seen a history of significant injuries or fatalities in the industry. These rules will be recognized and commonly enforced across all company sites within Canada. The 10 Life Saving Rules outlined below represent the comprehensive list of rules.

All Life Saving Rules must be preserved in their entirety. Changes are not permitted to the symbols or definitions of any of the Life Saving Rules.

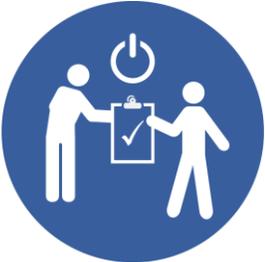
The following ten Life Saving Rules (Appendix I) will be enforced at all company sites:

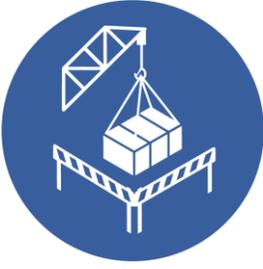
1. Obtain authorization before entering a confined space
2. Protect yourself against a fall when working at height
3. Work with a valid permit when required
4. Verify isolation and zero energy before work begins
5. Keep yourself and others out of the line of fire
6. Obtain authorization before disabling or overriding safety controls
7. Follow safe driving rules
8. Control flammables and ignition sources
9. Plan lifting operations and control the area
10. Be in a state to perform work safely

APPENDIX I – LIFE SAVING RULES

Energy Safety Canada acknowledges the significant contributions of IOGP in developing Life Saving Rules and for allowing their use.

	Icon and Title	Rule Description	Rule Details
1.	<p>Confined Space</p> 	<p>Obtain authorization before entering a confined space</p>	<ul style="list-style-type: none"> » I confirm energy sources are isolated » I confirm the atmosphere has been tested and is monitored » I check and use my breathing apparatus when required » I confirm there is an attendant standing by » I confirm a rescue plan is in place » I obtain authorization to enter
2.	<p>Working at Height</p> 	<p>Protect yourself against a fall when working at height</p>	<ul style="list-style-type: none"> » I inspect my fall protection equipment before use » I secure tools and work materials to prevent dropped objects » I tie off 100% to approved anchor points while outside a protected area
3.	<p>Work Authorization</p> 	<p>Work with a valid permit when required</p>	<ul style="list-style-type: none"> » I have confirmed if a permit is required » I am authorized to perform the work » I understand the permit » I have confirmed that hazards are controlled and it is safe to start » I stop and reassess if conditions change

	Icon and Title	Rule Description	Rule Details
4.	<p>Energy Isolation</p> 	<p>Verify isolation and zero energy before work begins</p>	<ul style="list-style-type: none"> » I have identified all energy sources » I confirm that hazardous energy sources have been isolated, locked, and tagged » I have checked there is zero energy and tested for residual or stored energy
5.	<p>Line of Fire</p> 	<p>Keep yourself and others out of the line of fire</p>	<ul style="list-style-type: none"> » I position myself to avoid: <ul style="list-style-type: none"> • Moving objects • Vehicles • Pressure releases • Dropped objects » I establish and obey barriers and exclusion zones » I take action to secure loose objects and report potential dropped objects
6.	<p>Bypassing Safety Controls</p> 	<p>Obtain authorization before overriding or disabling safety controls</p>	<ul style="list-style-type: none"> » I understand and use safety-critical equipment and procedures which apply to my task » I obtain authorization before: <ul style="list-style-type: none"> • Disabling or overriding safety equipment • Deviating from procedures • Crossing a barrier

	Icon and Title	Rule Description	Rule Details
7.	<p style="text-align: center;">Driving</p> 	<p>Follow safe driving rules</p>	<ul style="list-style-type: none"> » I always wear a seatbelt » I do not exceed the speed limit, and reduce my speed for road conditions » I do not use phones or operate devices while driving » I am fit, rested and fully alert while driving » I follow journey management requirements
8.	<p style="text-align: center;">Hot Work</p> 	<p>Control flammables and ignition sources</p>	<ul style="list-style-type: none"> » I identify and control ignition sources » Before starting any hot work: <ul style="list-style-type: none"> • I confirm flammable material has been removed or isolated • I obtain authorization » Before starting hot work in a hazardous area I confirm: <ul style="list-style-type: none"> • A gas test has been completed • Gas will be monitored continually
9.	<p style="text-align: center;">Safe Mechanical Lifting</p> 	<p>Plan lifting operations and control the area</p>	<ul style="list-style-type: none"> » I confirm that the equipment and load have been inspected and are fit for purpose » I only operate equipment that I am qualified to use » I establish and obey barriers and exclusion zones » I never walk under a suspended load

	Icon and Title	Rule Description	Rule Details
10.	<p data-bbox="380 380 540 411">Fit for Duty*</p> 	<p data-bbox="686 380 943 443">Be in a state to perform work safely</p>	<ul style="list-style-type: none"> <li data-bbox="995 380 1393 464">» I will be physically and mentally in a state to perform my assigned duties <li data-bbox="995 468 1393 520">» I commit to not being under the influence of alcohol or drugs <li data-bbox="995 525 1393 604">» I will inform a supervisor immediately if I or a co-worker may be unfit for work

* Fit for Duty is an Energy Safety Canada specific rule and not part of the IOGP rules

CALGARY

T 403 516 8000 5055 11 Street NE
F 403 516 8166 Calgary, AB T2E 8N4

NISKU

T 780 955 7770 1803 11 Street
F 780 955 2454 Nisku, AB T9E 1A8

FORT MCMURRAY

T 780 791 4944 Box 13 - 8115 Franklin Avenue
F 780 715 3945 Fort McMurray, AB T9H 2H7

BRITISH COLUMBIA

T 250 784 0100 2060 - 9600 93 Avenue
F 250 785 6013 Fort St. John, BC V1J 5Z2

SASKATCHEWAN

T 306 842 9822 208 - 117 3 Street
F 306 337 9610 Weyburn, SK S4H 0W3

Info@EnergySafetyCanada.com
Enrolment Services and Certificate of Recognition:
1 800 667 5557

EnergySafetyCanada.com