

## Video 4: Managing Human Performance Risk

### Error is Normal.

Human error is normal and inevitable. We forget things, we get distracted, tired, and these varying conditions increase the likelihood of human error.

This guide is a companion to the **Managing Human Performance Risk** video. It will help you and your team to acknowledge error traps and how they show up in your work.

## Get the most out of the safety video

### 01 Before watching the video, discuss with your team:

Have you ever...

- Had procedures that did not make sense to you?
- Had the wrong tools that did not fit the purpose/task?
- Been asked to perform a task that was unfamiliar to you?

### 02 Watch the safety video

- Do you think that humans can be helpers and hazards?
- What internal and external factors influence your performance at work?
- Recall a recent mistake you made at work, what were the conditions and context surrounding it?

### 03 Discuss with your team

- Was any information in the video surprising or confusing?
- What are the potential error traps you encounter in your daily tasks?
- How can you proactively manage these conditions to reduce the likelihood of errors?
- Where can you enhance your controls to fail safely if an error occurs?

### 04 Key takeaways

- Human error is normal. Focus on understanding and improving systems rather than blaming individuals for errors.
- Identify and address error traps and performance shaping factors to reduce the likelihood of errors
- Consider the interface between humans, business processes, the environment and equipment.

### 05 Review additional resources

- [Human and Organizational Performance](#)
- [The Scramble | Solving Problems with the 4Ds](#)